



मुद्राप शिक्षण घणारकर मडल कडार मडलकित

Matoshri Nanibai Gharphalkar Science College, Babhulgaon
मातोश्री नानिबाई घारफळकर विज्ञान महाविद्यालय, बाभुलगाव

Date: 21st June 2024

Notice

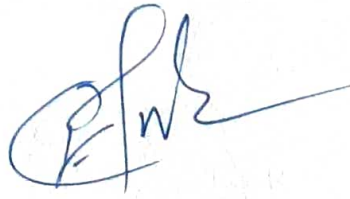
CELEBRATION OF INTERNATIONAL YOGA DAY

This is to inform all students, that International "Yoga Day" will celebrated on 21 June, 2024 at 7.30 am to 9.30 am in the college premises.

All students, teaching and non-teaching staff are cordially invited for your active participation in this auspicious programme and benefit from the same. Student are informed to attend the program and should remain present in our college on time.


Incharge


Mr. Umesh A. Khadse
IQAC Co-ordinator
Co-ordinator, IQAC
Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal


Dr. P. N. Mulkalwar
Principal
Principal
Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal



मुलास शिक्षण घराणक मदळ क्दारा म्मवाकिल

Matoshri Nanibai Gharphalkar Science College, Babhulgaon
मातोशी नानीबाई घारफळकर विज्ञान महाविद्यालय, बाभुळगाव

Report on International Yoga Day

Date : 21 June 2024

On 21 June 2024 "International Yoga day" was celebrated in our college at 7.30 to 9.30am. All the students of B.Sc I, B.Sc II and B.Sc III had participated in the "International Yoga day".

Professor Dr. Sushil Battalwar addressed the students explaining what Meditation and Action Movement was and its usefulness in one's life. He stressed on mindfulness "a technique when we train the mind to be thoughtless helps in creating self-awareness and a deep concentration and silence.

The sessions of Yoga and meditation are conducted. The practice helps a lot to refine the students and make them realize the importance of mental and spiritual health and stress free life and told the information of about yoga day and Importance of yoga in our day-today life. Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. It helps the students understand how to maintain harmony between body and mind.

A few minutes of yoga during the day can be a great way to get rid of stress that accumulates daily in both the body and mind. Yoga Postures, Pranayama and Meditation are effective techniques to release stress. Meditation is relaxation which gives calm mind, good concentration of the body and mind etc. Yoga is a great remedy to remove tensions.

Yoga helps students, teachers, and workers by giving them emotional strength so that they can easily manage all pressures and can give them best intellectual abilities.

All the students were excited and energetic. Some of our teachers and students had shown Yoga by following the instruction given by the trainer. We all celebrate the day with a lot of eagerness and joy.

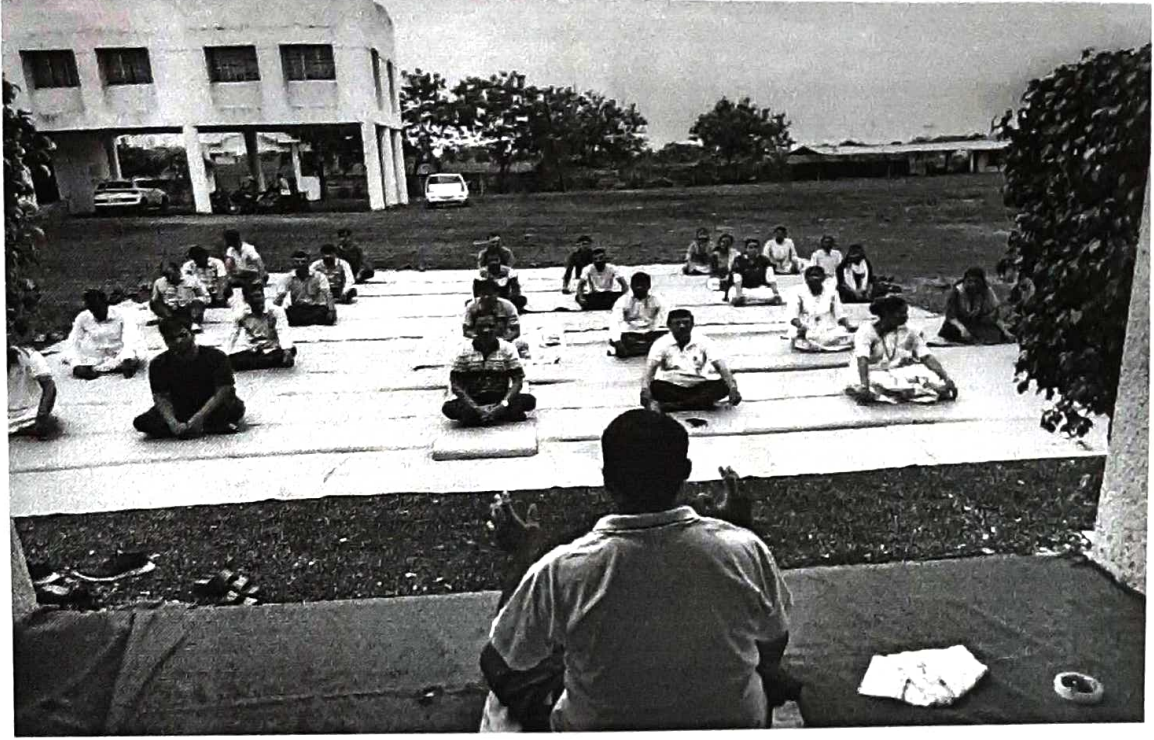
It was very interesting day for all of us. The experience we got was really amazing.

[Signature]
Incharge

[Signature]
Mr. Umesh A. Khadse
IQAC Co-ordinator
Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal

[Signature]
Dr. P. N. Mulkalwar
Principal
Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal

Photo of Yoga Day



News Paper

घारफळकर महाविद्यालयात योगदिन कार्यक्रमात विद्यार्थी, प्राध्यापक, कर्मचाऱ्यांचा सहभाग

■ सकाळ वृत्तसेवा

यवतमाळ, ता. २७ : मातोश्री नानीबाई घारफळकर विज्ञान महाविद्यालय बाभूळगाव येथे २१ जून हा आंतरराष्ट्रीय योग दिवस साजरा करण्यात आला. महाविद्यालयातील शारीरिक शिक्षण, क्रीडा विभाग तसेच राष्ट्रीय सेवा योजना पथकाद्वारे प्राचार्य डॉ. प्रमोद मुलकुलवार यांच्या अध्यक्षतेत योग दिन साजरा करण्यात आला.

यावेळी शारीरिक शिक्षण संचालक व राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी डॉ. सुशील बत्तलवार यांच्या मार्गदर्शनात योगासन, प्राणायाम, सुदर्शन क्रिया करण्यात आल्या. डॉ. बत्तलवार यांनी व्यायामाचे महत्त्व व शारीरिक व्यार्घावर कोणकोणत्या



बाभूळगाव : योगा करताना शिक्षक, कर्मचारी व विद्यार्थी.

आसनाचा उपयोग होतो, यावर मार्गदर्शन केले. प्राचार्य डॉ. मुलकुलवार यांनी अष्टांग योगाची माहिती दिली. मुख्याध्यापक दिनेश रामटेके यांनीही उपस्थितांना मार्गदर्शन केले. आभार उमेश खडसे यांनी मानले. यावेळी विद्यार्थी, शिक्षक व शिक्षकेतर कर्मचारी मोठ्या संख्येने

उपस्थित होते. कार्यक्रमासाठी प्रा. अंकीत चव्हाण, सुशांत बिरे, प्रशांत गायकवाड, संजय ठवळे, विवेक ठवळे, आकाश वातकर, सचिन मानकर, संदिप कुडे, सागर गोळे, मनिष कडु, गजानन गावंडे, आशिष वानरे, चंदू लांडगे, विलास राठोड व प्रफुल्ल गोंडाने यांनी पुढाकार घेतला.

B. H. H. H.
Incharge

Umesh A. Khadse
Mr. Umesh A. Khadse
IGAC Co-ordinator
Co-ordinator, IGAC
Matoshri Nanibal Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal

P. H. Mulkalwar
Dr. P. H. Mulkalwar
Principal
Principal
Matoshri Nanibal Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal

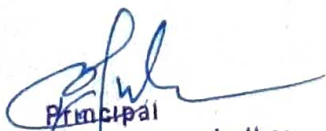
Sant Gadge Baba Amravati University Amravati

Matoshri Nanibai Gharphalkar Science College Babhulgaon

Exam Name: B.Sc.-I, Sem-II Exam Summer -2023 Date: 30/06/2023

Subject : Discovery of Bharat

Attendance Sheet				
Sr.No.	Roll No.	Name of Students	Class	Signature
✓ 1.	22AB120737	Pooja K. Thapa	Bsc -I	Thapa
✓ 2.	22AB120735	Payal S. Hastapur	Bsc -I	P.S. Hastapur
✓ 3.	22AB120707	Amitesh Y. Danav	BSC-I	Amitesh
✓ 4.	22AB120730	Mohan R. Kududhe	BSC-I	M.R. Kududhe
✓ 5.	22AB120703	Aniket S. Musrum	BSC-I	Aniket
✓ 6.	22AB120697	Adiksha U. Kadu	BSC-I	Adiksha
✓ 7.	22AB120698	Aditya G. Grayakwad	BSC-I	Aditya
✓ 8.	22AB120707	Aryan S. Kumare	Bsc-I	Aryan
✓ 9.	22AB120708	Ayush A. Luthekar	B.S.C-I	Ayush
✓ 10.	22AB120709	Bhaves A. Dhumane	B.S.C-I	Bhaves
✓ 11.	22AB120710	Bhanika M. Karale	B.S.C-I	Bhanika
✓ 12.	22AB120711	Bhumika G. Jambhale	B.S.C-I	B.Jambhale
✓ 13.	22AB120712	Dareshana P. Chavhan	BSC-I (Sem II)	Dareshana
✓ 14.	22AB120699	Aditya M. Awasare	B.S.C-I	Aditya
✓ 15.	22AB120715	Diksha R. Patil	B.S.C-I	Diksha
✓ 16.	22AB120716	Ebnikha R. Pathan	B.S.-I (Sem II)	Ebnikha
✓ 17.	22AB120717	Greet V. Ingole	BSC-I (Sem II)	Greet
✓ 18.	22AB120718	Haresh D. Chavhan	B.S.C-I (Sem II)	Haresh
✓ 19.	22AB120719	Heena D. Dalade	BSC-I (Sem II)	Heena
✓ 20.	22AB120720	Himanshu S. Chaudhari	BSC-I (Sem II)	Himanshu
✓ 21.	22AB120722	Jay Dilip Waghmare	B.S.C-I (Sem II)	Jay
✓ 22.	22AB120723	Jivan Dilip Bonde	BSC-I (Sem II)	Jivan
✓ 23.	22AB120713	Deep purushottam Khadse	B.S.C-I (Sem II)	Deep
✓ 24.	22AB120726	Komal M. Nagose	BSC-I (")	Komal
✓ 25.	22AB120742	Pratiksha N. Kolte	B.S.C-I (")	Pratiksha
✓ 26.	22AB120728	Lachi S. Ingole	B.S.C-I (")	Lachi
✓ 27.	22AB120733	Nutan M. Makode	B.S.C-I (Sem II)	Nutan
✓ 28.	22AB120736	Pooja G. Shende	B.S.C-I (Sem II)	Pooja
✓ 29.	22AB120773	Vinit A. Sharma	B.S.C-I (Sem II)	Vinit
✓ 30.	22AB120739	Pranav D. Bhosare	B.S.C-I (Sem II)	Pranav


Principal

Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal


Signature of Invigilator

Smita B. patil
Assistant Professor
Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal

Sant Gadge Baba Amravati University Amravati

Matoshri Nanibai Gharphalkar Science College Babhulgaon

Exam Name: B.Sc.-I, Sem-II Exam Summer -2023 Date: 30/06/2023

Subject : Discovery of Bharat

Attendance Sheet				
Sr.No.	Roll No.	Name of Student	Class	Signature
31.	22AB120696	Achal R. Mendhe	B.Sc.-I	A. Mendhe
32.	22AB120743	Pratiksha N. Yelane	B.Sc.-I	P.N. Yelane
33.	22AB120778	Yash V. Nerkar	B.Sc.-I	Y.V. Nerkar
34.	22AB120760	Saurabh B. Ingole	B.Sc.-I	S. Ingole
35.	22AB120757	Rutik A. Ubhadkar	B.Sc.-I	R.A. Ubhadkar
36.	22AB120758	Sakshi G. Grawande	B.Sc.-I	S. Grawande
37.	22AB120747	Puju S. Dudhkar	B.Sc.-I	P. Dudhkar
38.	22AB120748	Punam S. Nehare	B.Sc.-I	P. Nehare
39.	22AB120749	Rahul Sudam Bhoze	B.Sc.-I-Sem II	R. Bhoze
40.	22AB120751	Rhulik Ramchandra Mahi	B.Sc.-I sem II	R. Mahi
41.	22AB120753	Roshni Suresh Sonvane	B.Sc.-I sem II	R. Sonvane
42.	22AB120756	Rushikesh S. Suryavanshi	B.Sc.-I sem II	R. Suryavanshi
43.	22AB120695	Abhishek S. Gaudkar	B.Sc.-I sem II	A. Gaudkar
44.	22AB120705	Anshad Khan Anif Khan Pathan	B.Sc.-I sem II	A. Pathan
45.	22AB120777	Yash R. Anake	B.Sc.-I sem II	Y. Anake
46.	22AB120776	Yash G. Shikarame	B.Sc.-I sem II	Y. Shikarame
47.	22AB120754	Rushikesh M. Atram	B.Sc.-I sem II	R. Atram
48.	22AB120727	Kunal vijay chavhan	B.Sc.-I sem II	K. Chavhan
49.	22AB120725	Karan B. Kolwate	B.Sc.-I sem II	K. Kolwate
50.	22AB120774	Vishal R. Kaurate	B.Sc.-I. sem II	V. Kaurate
51.	22AB120772	Vinay P. Warkar	B.Sc.-I. sem II	V. Warkar
52.	22AB120759	Sanket A. Mahajan	B.Sc.-I. sem II	S. Mahajan
53.	22AB120741	Pratik P. Shastrikar	B.Sc.-I. sem II	P. Shastrikar
54.	22AB120704	Ansh R. Khadatkare	B.Sc.-I. sem II	A. Khadatkare
55.	22AB120765	Unnati A. Bansod	B.Sc.-I sem II	U. Bansod
56.	22AB120768	Vaishnavi R. Gupta	B.Sc.-I sem II	V. Gupta
57.	22AB120767	Jaikshavi Bawane	B.Sc.-I sem II	J. Bawane
58.	22AB120766	Utkarsha S. Raut	B.Sc.-I sem II	U. Raut
59.	22AB120770	Vanamala G. Kolte	B.Sc.-I sem II	V. Kolte
60.	22AB120771	Vikki V. Pendor	B.Sc.-I sem II	V. Pendor
61.				

(Signature)

Signature of Invigilator

Matoshri Nanibai Gharphalkar
Science College, Babhulgaon
Dist. Yavatmal